

CLAY ART THERAPY

6 Week Mental Health Ceramics Course

ARE YOU STRUGGLING WITH
FEELING STRESSED, ANXIOUS,
OVERWHELMED OR DEPRESSED
AND INTERESTED IN RELIEVING
YOUR STRESS AND ENGAGING IN
SELF REFLECTION? JOIN OUR 6
WEEK THERAPEUTIC CERAMICS
CLASS AT ONE LIFE COUNSELING
CENTER STARTING JANUARY 2021

Class is limited to 10 participants

PRE-REGISTER BY DECEMBER 19TH TO JOIN
JANUARY CLASSES!

YOU CAN REGISTER BY EMAILING
AARON@ONELIFECOUNSELINGSERVICES.COM

\$300 FOR 6 WEEK COURSE
ALL SUPPLIES WILL BE PROVIDED

DATES:

JAN 9TH / JAN 16TH / JAN 23RD
JAN 30TH / FEB 13TH / FEB 20TH

TIMES:

ADULT CLASS- 11AM-1PM
TEEN CLASS 1:30PM - 3:30PM

LOCATION:

CLASSES WILL BE HELD AT 1303
LAUREL STREET IN SAN CARLOS
OUTSIDE IN A TENTED AREA.
COVID RESTRICTIONS WILL APPLY!!