



Redwood City, North Fair Oaks and East Palo Alto

Resource Guide for Immigrants



Hello and welcome to our first edition of the Local Resource Guide for Immigrants of Redwood City, North Fair Oaks and East Palo Alto made especially for you! There are many people and organizations across the Peninsula that care about immigrants and their families. We hope you find this handbook easy to use as it is full of local resources that will help support you.

Each organization listed has been chosen specifically for this handbook. We have contacted each service provider personally to better assist your needs. We want you to know that resources are readily available and easy to access. We care about you!

Please use the following pages to find support with Legal Services, Food, Clothing, Transportation, Education, Financial Training, Mental Health, Physical Health and Dental Health. In addition to the organizations listed in this handbook, please note that there are several more on-line and in the area to help.

We wish you good luck and good health!



Dignity Health.
Sequoia Hospital



Generations United



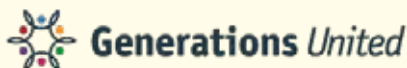
**Friends
for Youth**
Share. Enrich. Transform.

Hola y bienvenidos a nuestra primera edición de la Guía de Recursos Locales para Inmigrantes de Redwood City, North Fair Oaks y East Palo Alto, ¡hecha especialmente para ustedes! Hay muchas personas y organizaciones que se preocupan por los inmigrantes y sus familias. Es una guía llena de recursos que ustedes pueden encontrar en su localidad.

¡Nos interesa su bienestar! Por eso cada organización fue escogida cuidadosamente y nos aseguramos que puedan atenderle a usted y a su familia, y que los recursos estén disponibles.

Esperamos que este manual sea fácil de usar: aquí encontrarán información en inglés y en español acerca de dónde ir para apoyo con asuntos legales, alimentos, ropa, transporte, educación, manejo del dinero, salud mental, salud física y salud dental. Y, además de las organizaciones de esta lista, hay muchas en internet y en el área donde igualmente les pueden ayudar.

¡Les deseamos salud y buena suerte!





LEGAL SUPPORT

Bay Area Legal Aid **800-551-5554**

A free legal hotline available to qualified low-income residents living in the Bay Area

www.baylegal.org

Catholic Charities **415-972-1238**

36 37th Avenue, 2nd Floor
San Mateo, CA 94403

Diana Otero
dotero@catholiccharitiessf.org

www.catholiccharitiessf.org

Generations United **650-619-1300**

PO Box 5131
Redwood City, CA 94063

Angie Ibarra
angie@generations-united.com

www.generations-united.com

Immigration Institute of the Bay Area *(Redwood City Office)* **650-780-7530**

2600 Middlefield Road
Redwood City, CA 94063

Sheryl Munoz-Bergman
smbergman@iibayarea.org

www.iibayarea.org

The Legal Aid Society of San Mateo County-The LIBRE Project **650-558-0915**

330 Twin Dolphin Drive #123
Redwood City, CA 94065

Vanessa Hearne or Rocio Garcia
vhearne@legalaidsmc.org or
rgarcia@legalaidsmc.org

www.LegalAidSMC.org
www.TheLibreProject.org

Stanford Community Law Clinic **650-725-9200**

2275 East Bayshore Road #100
East Palo Alto, CA 94303

sclc.mlc@gmail.com

www.law.stanford.edu/community-law-clinic

APOYO LEGAL

Ayuda Legal del Área de la Bahía 800-551-5554

Asesoría legal por teléfono. Gratis.
Disponible para residentes de bajos
ingresos que vivan en el Área de la Bahía

www.baylegal.org

Caridades Católicas 415-972-1238

36 37th Avenue, 2nd Floor
San Mateo, CA 94403

Diana Otero
dotero@catholiccharitiessf.org

www.catholiccharitiessf.org

Generations United 650-619-1300

PO Box 5131
Redwood City, CA 94063

Angie Ibarra
angie@generations-united.com

www.generations-united.com

Immigration Institute of the Bay Area (*Oficina de Redwood City*) **650-780-7530**

2600 Middlefield Road
Redwood City, CA 94063

Sheryl Munoz-Bergman
smbergman@iibayarea.org

www.iibayarea.org

The Legal Aid Society of San Mateo County-The LIBRE Project 650-558-0915

330 Twin Dolphin Drive #123
Redwood City, CA 94065

Vanessa Hearne or Rocio Garcia
vhearne@legalaidsmc.org or
rgarcia@legalaidsmc.org

www.LegalAidSMC.org
www.TheLibreProject.org

Stanford Community Law Clinic 650-725-9200

2275 East Bayshore Road #100
East Palo Alto, CA 94303

sclc.mlc@gmail.com

www.law.stanford.edu/community-law-clinic





FOOD SUPPORT

Ecumenical Hunger Program
650-323-7781

2411 Pulgas Ave.
East Palo Alto, CA 94303

Ellen Izuka
ellen@ehpcares.org

www.ehpcare.org

Fair Oaks Community Center
650-780-7500

2600 Middlefield Road,
Redwood City, CA 94063

Teri Chin
tchin@redwoodcity.org

www.redwoodcity.org

Generations United
650-619-1300

PO Box 5131
Redwood City, CA 94063

Angie Ibarra
angie@generations-united.com

www.generations-united.com

Hoover Community School
650-366-8415 x4463

701 Charter Street
Redwood City, CA 94063

Veronica Hernandez-Lobos
vlobos@rcsdk8.net

www.rcsdk8.net

APOYO ALIMENTICIO

**Ecumenical Hunger Program
650-323-7781**

2411 Pulgas Ave.
East Palo Alto, CA 94303

Ellen Izuka
ellen@ehpcares.org

www.ehpcares.org

**Centro Comunitario Fair Oaks
650-780-7500**

2600 Middlefield Road,
Redwood City, CA 94063

Teri Chin
tchin@redwoodcity.org

www.redwoodcity.org

**Generations United
650-619-1300**

PO Box 5131
Redwood City, CA 94063

Angie Ibarra
angie@generations-united.com

www.generations-united.com

**Hoover Community School
650-366-8415 x4463**

701 Charter Street
Redwood City, CA 94063

Veronica Hernandez-Lobos
vlobos@rcsdk8.net

www.rcsdk8.net



FOOD SUPPORT *continue*



St. Francis Center 650-365-7829

151 Buckingham Ave.
Redwood City, CA 94063

Christina Heltsley
christina@stfrancisrwc.org
www.stfrancisrwc.org

Salvation Army

660 Veteran's Blvd.
Redwood City, CA 94063

Pastor Edgar Azueta
edgar.azueta@usw.salvationarmy.org
redwoodcity.salvationarmy.org

Street Life Ministries 650-283-1525

1300 Middlefield Road
Redwood City, CA 94063

Pastor David Shearin/Shawn Shearin
info@streetlifeministries.org
www.streetlifeministries.org

John F. Kennedy Community School 650-482-2110

2521 Goodwin Ave
Redwood City, CA 94061

Maria Segundo
msegundo@rcsdk8.net
www.rcsdk8.net

Padua Dining Room, St. Anthony's 650-365-9664

3500 Middlefield Road
Menlo Park, CA 94025

Max Torres
paduadiningroom@gmail.com

Taft Community School 650-482-2847

903 Tenth Ave
Redwood City, CA 94063

Elsa Aispuro
eaispuro@rcsdk8.net
www.rcsdk8.net



APOYO ALIMENTICIO *continue*

**John F. Kennedy
Community School
650-482-2110**

2521 Goodwin Ave
Redwood City, CA 94061

Maria Segundo
msegundo@rcsdk8.net
www.rcsdk8.net

**Padua Dining Room,
St. Anthony's
650-365-9664**

3500 Middlefield Road
Menlo Park, CA 94025

Max Torres
paduadiningroom@gmail.com

**St. Francis Center
650-365-7829**

151 Buckingham Ave.
Redwood City, CA 94063

Christina Heltsley
schristina@stfrancisrwc.org
www.stfrancisrwc.org



Salvation Army

660 Veteran's Blvd.
Redwood City, CA 94063

Pastor Edgar Azueta
edgar.azueta@usw.salvationarmy.org
redwoodcity.salvationarmy.org

**Street Life Ministries
650-283-1525**

1300 Middlefield Road
Redwood City, CA 94063

Pastor David Shearin/Shawn Shearin
info@streetlifeministries.org
www.streetlifeministries.org

**Taft Community School
650-482-2847**

903 Tenth Ave
Redwood City, CA 94063

Elsa Aispuro
eaispuro@rcsdk8.net
www.rcsdk8.net

CLOTHING SUPPORT



Edgewood
650-517- 8211

Drop-in Center South (South County)
604 Price Ave. Suite B
Redwood City, CA 94603

dicsouth@edgewood.org

Generations United
650-619-1300

PO Box 5131
Redwood City, CA 94603

Angie Ibarra
angie@generations-united.com

www.generations-united.com

Ecumenical Hunger Program
650-323-7781

2411 Pulgas Ave.
East Palo Alto, CA 94303

Ellen Izuka
ellen@ehpcares.org

www.ehpcares.org

One Life Counseling Services
650-394-5155

1033 Laurel Street
San Carlo, CA 94070

Joe Guterrez
info@onelifecounselingservices.com

www.onelifecounselingservices.com

TRANSPORTATION SUPPORT

Caltrain
800-660-4287
www.caltrain.com

SamTrans
800-600-4286
650-508-6447





APOYO DE ROPA

Ecumenical Hunger Program 650-323-7781

2411 Pulgas Ave.
East Palo Alto, CA 94303

Ellen Izuka
ellen@ehpcares.org

www.ehpcares.org

Edgewood 650-517- 8211

Centro De Acogida Sur (Condado del Sur)
604 Price Ave. Suite B
Redwood City, CA 94603

dicsouth@edgewood.org

Generations United 650-619-1300

PO Box 5131
Redwood City, CA 94603

Angie Ibarra
angie@generations-united.com

www.generations-united.com

One Life Counseling Services 650-394-5155

1033 Laurel Street
San Carlos, CA 94070

Joe Guterrez
info@onelifecounselingservices.com

www.onelifecounselingservices.com

APOYO CON TRANSPORTE

Caltrain
800-660-4287
www.caltrain.com

SamTrans
800-600-4286
650-508-6447



EDUCATION SUPPORT

Boys and Girls Clubs of the Peninsula 650-646-6132

401 Pierce Road
Menlo Park, CA 94025

Karen Salazar
info@bgcp.org

www.bgcp.org

Eastside College Preparatory School 650-688-0850

1041 Myrtle Street
East Palo Alto, CA 94303

Helen Kim

www.eastside.org

Immigration legal services, Citizenship, DACA, U Visa, VAWA, Family Petitions. Immigration Institute of the Bay Area 650-780-7530

2600 Middlefield Road
Redwood City, CA 94063

redwoodcity@iibayarea.org

www.iibayarea.org

Redwood City Public Library 650-780-7060

1044 Middlefield Road
Redwood City, CA 94063

Derek Wolfram
dwolfram@redwoodcity.org

www.redwoodcity.org/library



San Mateo County Sheriff's Office CARON Program 650-599-9104

3121 Middlefield Road
Redwood City CA 94063

Sergeant Salvador Zuno, Director
szuno@smcgov.org

www.caronprogram.com

Sequoia Adult School - English as a second language 650-306-8866 x77901

Ana Escobar

aescobar@seq.org

Sequoia Adult School - High School Diploma/ High School Equivalency 650-306-8866 x77900

3247 Middlefield Road
Menlo Park, CA 94025

Leonela Gutierrez
legutierrez@seq.org

United Through Education

555 Bryant Street #923
Palo Alto, CA 93401

Secundino Zuno
secundinozuno@
unitedthrougheducation.org

www.unitedthrougheducation.org

APOYO EDUCATIVO

Boys and Girls Clubs of the Peninsula 650-646-6132

401 Pierce Road
Menlo Park, CA 94025

Karen Salazar
info@bgcp.org

www.bgcp.org

Escuela Preparatoria de la Universidad del Este 650-688-0850

1041 Myrtle Street
East Palo Alto, CA 94303

Helen Kim
www.eastside.org

Servicios Legales de Inmigración, Ciudadanía, DACA, Visa U, VAWA, Peticiones familiares Immigration Institute of the Bay Area 650-780-7530

2600 Middlefield Road
Redwood City, CA 94063

redwoodcity@iibayarea.org
www.iibayarea.org

Biblioteca Pública de Redwood City 650-780-7060

1044 Middlefield Road
Redwood City, CA 94063

Derek Wolfram
dwolfram@redwoodcity.org
www.redwoodcity.org/library

Oficina Del Alguacil Del Condado De San Mateo CARON Programa 650-599-9104

3121 Middlefield Road
Redwood City, CA 94063

Sergeant Salvador Zuno, Director
szuno@smcgov.org

www.caronprogram.com

Sequoia Escuela De Adultos- Diploma De Secundaria/ Equivalencia de Secundaria 650-306-8866 x77900

3247 Middlefield Road
Menlo Park, CA 94025

Leonela Gutierrez
legutierrez@seq.org

Sequoia Escuela De Adultos - Ingles como segundo lenguaje 650-306-8866 x77901

Ana Escobar
aescobar@seq.org

Unidos Por la Educación

555 Bryant Street #923

Palo Alto, CA 93401

Secundino Zuno
secundinozuno@unitedthrougheducation.org

www.unitedthrougheducation.org



FINANCIAL TRAINING



Able Works 650-328-1890

1836 Bay Rd.
East Palo Alto, CA 94303

Janet Su

www.able.is

Financial Literacy - Renaissance Entrepreneurship Center 650-321-2193 ext. 1102

1848 Bay Road
East Palo Alto, CA 94303

Timothy Russell

www.rencenter.org

SparkPoint Canada College 650-306-3100

4200 Farm Hill Blvd.
Redwood City, CA 94061

Adolfo Levia
leivaa@smccd.edu

www.canadacollege.edu/sparkpoint/

MENTAL HEALTH SUPPORT

Behavioral Health and Recovery Services Older Adult System of Integrated Services (Oasis)

800-686-0101

Referrals only by phone
www.smchealth.org/bhrs

Friends for Youth 650-368-4444

1741 Broadway St.
Redwood City, CA 94063

Sarah Norman
sarahnorman@friendsforyouth.org
mentor@friendsforyouth.org

www.friendsforyouth.org

One Life Counseling Services 650-394-5155

1033 Laurel Street
San Carlos, CA 94070

Joe Guterrez
info@onelifecounselingservices.com

www.onelifecounselingservices.com

Star Vista 650-579-0359 x 25 Crisis Line: 650-579-0350

610 Elm Street, Suite 212,
San Carlos, CA 94070

Zena Andreani
zena.andreani@star-vista.org

info@star-vista.org

CAPACITACIÓN PARA MANEJO DEL DINERO

Able Works
650-328-1890

1836 Bay Rd.
East Palo Alto, CA 94303

Janet Su
www.able.is

**Alfabetización financiera -
Centro de Emprendimiento
Renacentista**
650-321-2193 ext. 1102

1848 Bay Road
East Palo Alto, CA 94303

Timothy Russell
www.rencenter.org

SparkPoint Canada College
650-306-3100

4200 Farm Hill Blvd.
Redwood City, CA 94061

Adolfo Levia
leivaa@smccd.edu
www.canadacollege.edu/sparkpoint/



APOYO DE SALUD MENTAL

**Servicios de Salud Conductual
y Recuperación**
**Sistema de Servicios Integrados
Para Adultos Mayores (Oasis)**
800-686-0101

Referrals only by phone
www.smchealth.org/bhrs

Friends for Youth
650-368-4444

1741 Broadway St.
Redwood City, CA 94063

Sarah Norman
sarahnorman@friendsforyouth.org
mentor@friendsforyouth.org
www.friendsforyouth.org

One Life Counseling Services
650-394-5155

1033 Laurel Street
San Carlos, CA 94070

Joe Guitierrez
info@onelifecounselingservices.com
www.onelifecounselingservices.com

Star Vista
650-579-0359 x 25
Crisis Line: 650-579-0350

610 Elm Street, Suite 212,
San Carlos, CA 94070

Zena Andreani
zena.andreani@star-vista.org
info@star-vista.org



PHYSICAL HEALTH

Bay Area Community Health Advisory Council (BACHAC)

650-652-3884

204 East 2nd Avenue #702,
San Mateo, CA 94401

Lisa Tealer

aachacsanmateo@gmail.com

www.bachac.org

Fair Oaks Health Center

650-372-3200 (new patients)

650-578-7142 (appointments)

2710 Middlefield Road
Redwood City, CA 94063

www.smchealth.org

Generations United

PO Box 5131
Redwood City, CA 94063

Angie Ibarra

angie@generations-united.com

www.generations-united.com

Peninsula Family Service

(Redwood City Office)

650-780-7543

2600 Middlefield Road,
Redwood City, CA 94063

Laura Swartzel

lswartzel@peninsulafamilyservice.org

www.peninsulafamilyservice.org

Redwood City PAL

650.556.1650

3399 Bay Road
Redwood City, CA 94063

Anthony Gomez

anthonyg@redwoodcitypal.org

www.redwoodcitypal.org

Samaritan House Free Clinic of Redwood City

650-341-4081

114 5th Ave,
Redwood City, CA 94063

Jason Wong

jason@samaritanhousesanmateo.org

www.samaritanhousesanmateo.org

Siena Youth Center

650-298-9458

2625 Marlborough Ave.
Redwood City, CA 94063

Rafael Avendaño

rafael@sienayc.org

www.sienayc.org

SALUD FÍSICA

Consejo Asesor de Salud Comunitaria del Área de la Bahía (BACHAC)

650-652-3884

204 East 2nd Avenue #702,
San Mateo, CA 94401

Lisa Tealer
aachacsanmateo@gmail.com

www.bachac.org

Centro de Salud Fair Oaks

650-372-3200 (new patients)

650-578-7142 (appointments)

2710 Middlefield Road
Redwood City, CA 94063

www.smchealth.org

Generations United

PO Box 5131
Redwood City, CA 94063

Angie Ibarra
angie@generations-united.com

www.generations-united.com

Servicio Familiar de la Península (Redwood City Office)

650-780-7543

2600 Middlefield Road,
Redwood City, CA 94063

Laura Swartzel
lswartzel@peninsulafamilyservice.org

www.peninsulafamilyservice.org

Redwood City PAL

650.556.1650

3399 Bay Road
Redwood City, CA 94063

Anthony Gomez
anthonyg@redwoodcitypal.org

www.redwoodcitypal.org

Clínica Gratuita de Samaritan House de Redwood City

650-341-4081

114 5th Ave,
Redwood City, CA 94063

Jason Wong
jason@samaritanhousesanmateo.org

www.samaritanhousesanmateo.org

Siena Centro Juvenil

650-298-9458

2625 Marlborough Ave.
Redwood City, CA 94063

Rafael Avendaño
rafael@sienayc.org

www.sienayc.org





DENTAL HEALTH

**Samaritan House -
Free Dental Care**

650-839-1447

114 Fifth Ave.
Redwood City, CA 94063

www.samaritanhousesanmateo.org

Sonrisas Dental Health

650-727-3480

430 N El Camino Real
San Mateo, CA 94401

Pat Kinniburgh

admin@sonrisasdentalhealth.org

www.sonrisasdental.org



SALUD DENTAL

**Samaritan House -
Cuidado Dental Gratis**

650-839-1447

114 Fifth Ave.
Redwood City, CA 94063

www.samaritanhousesanmateo.org

Sonrisas Dental Health

650-727-3480

430 N El Camino Real
San Mateo, CA 94401

Pat Kinniburgh

admin@sonrisasdentalhealth.org

www.sonrisasdental.org

NOTES



Dignity Health.
Sequoia Hospital



Generations *United*



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for Youth**
Share. Enrich. Transform.